

Run For The Whales - February 10, 2007
Overall Results 5K

Place	First Name	Last Name	Age Division	M/F	Time
1	Joe	Amescua	1 - 19	M	19:15
2	Brian	Smith	20 -29	M	19:23
3	Mike	Irwin	50 - 59	M	19:29
4	Johnny	Kristel	1 - 19	M	19:34
5	James	Lillyman	50 - 59	M	19:46
6	Sverre	Falck-Pederson	50 - 59	M	19:51
7	Marc	Arakawa	1 - 19	M	20:36
8	Johnathan	Takitani	1 - 19	M	20:45
9	Jesse	Guerin	1 - 19	M	20:50
10	Mark	Cripe	30 - 39	M	20:50
11	Clive	Lobo	30 - 39	M	20:52
12	Andrea	Neeser	30 - 39	F	20:53
13	Eek	Alesk	30 - 39	M	20:55
14	Thomas	Carlson	30 - 39	M	21:02
15	Jeffrey	Harten	30 - 39	M	21:09
16	Dakota	Grossman	1 - 19	F	21:10
17	Lukas	Sheild	20 -29	M	21:14
18	Dennis	Nakamura	50 - 59	M	21:24
19	Keola	Soon	20 -29	M	21:30
20	Karol	Krauser	40 - 49	M	21:51
21	Hailey	Grossman	1 - 19	F	21:55
22	Rochelle	Marsland	30 - 39	F	22:00
23	Tom	McManuels	30 - 39	M	22:08
24	Nancy	Robberson	40 - 49	F	22:21
25	George	Watson	50 - 59	M	22:22
26	Michael	Foster	60 & over	M	22:29
27	Brett	Ueno	1 - 19	M	22:36
28	Scott	Jackman	30 - 39	M	22:49
29	Sharon	McCready	30 - 39	F	22:56
30	Dustin	Irlandez	1 - 19	M	23:13
31	Chad	Tokunaga	1 - 19	M	23:16
32	Luc	Berneche	40 - 49	M	23:19
33	Carla	Reader	20 -29	F	23:29
34	Rachel	Peterson	30 - 39	F	23:33
35	Bonnie	Sotire	50 - 59	F	23:33
36	Sam	Kinslow	30 - 39	M	23:48
37	Ron	Reader	60 & over	M	23:53
38	Tim	Lee	30 - 39	M	23:55
39	Keith	Ingalls	30 - 39	M	24:18
40	Jamie	Kimmell	50 - 59	M	24:27
41	Jeff	DeJood	40 - 49	M	24:29
42	Heidi	Smith	50 - 59	F	24:33
43	Daniel	Wotton	30 - 39	M	24:35

44	Arnie	Koss	50 - 59	M	24:35
45	Bo	Monteiro	30 - 39	M	24:37
46	Peter	Bryant	30 - 39	M	24:38
47	Scott	McCready	30 - 39	M	24:48
48	Blake	Moore	20 -29	M	24:53
49	Steven	Carlson	50 - 59	M	25:22
50	Shana	Riggs	40 - 49	F	25:23
51	Susan	Golicic	30 - 39	F	25:26
52	Lauren	Hoal	1 - 19	F	25:33
53	Jim	DeYoung	50 - 59	M	25:36
54	Katie	Guerrieri	20 -29	F	25:53
55	Tim	Coppin	40 - 49	M	25:57
56	Jill	Miller	30 - 39	F	26:05
57	Christie	Kindrock	20 -29	F	26:06
58	Pete	Ruegsegger	40 - 49	M	26:07
59	Charlie	Mayrs	60 & over	M	26:21
60	Ryan	Koss	1 - 19	M	26:28
61	Marny	Hall	40 - 49	F	26:40
62	Jodi	Winnicky	30 - 39	F	26:42
63	Kari	Winnicky	30 - 39	F	26:49
64	Brendan	Carroll	30 - 39	M	26:50
65	John	Aslanian	40 - 49	M	26:52
66	Becky	Lewis	20 -29	F	26:55
67	Baylee	Robertson	20 -29	F	26:59
68	Cindy	Flaman	40 - 49	F	27:05
69	Christopher	Menjou	40 - 49	M	27:22
70	Steve	Stein	50 - 59	M	27:24
71	Douglas	Roberts	40 - 49	M	27:25
72	Kathie	Burson	50 - 59	F	27:28
73	Roger	Morgan	60 & over	M	27:29
74	Sarah	Ochs	30 - 39	F	27:30
75	Janet	Simpson	50 - 59	F	27:30
76	Amanda	Nemec	30 - 39	F	27:31
77	Les	Marks	30 - 39	M	27:38
78	William	Rasmussen	40 - 49	M	27:39
79	Joey	Martin	20 -29	M	27:57
80	Clyde	Sparks	60 & over	M	28:02
81	Paula	Klent	40 - 49	F	28:07
82	Chris	Baker	20 -29	M	28:12
83	David	Paul	50 - 59	M	28:20
84	Jalal	Tarazi	30 - 39	M	28:26
85	Lisa	Darcy	40 - 49	F	28:27
86	Marty	Smith	50 - 59	M	28:27
87	Susan	Gee	40 - 49	F	28:37
88	Andrea	Smith	20 -29	F	28:40
89	Ron	Carleton	40 - 49	M	28:44
90	Heather	Grossman	30 - 39	F	28:45
91	William	King	60 & over	M	28:55
92	Lara	Amerongen	30 - 39	F	28:57

93	Bill	Erdman	60 & over	M	28:59
94	Mary	Marsolais	60 & over	F	29:01
95	Barney	Bell	50 - 59	M	29:02
96	Michele	Ventura	30 - 39	F	29:04
97	George	Burson	60 & over	M	29:31
98	Jessica	Elf	30 - 39	F	29:32
99	Michael	Clarke	50 - 59	M	29:33
100	Giao	Duong	30 - 39	F	29:39
101	Art	Beadle	60 & over	M	29:41
102	George	Ziga	50 - 59	M	29:42
103	Lauren	Rignel	20 -29	F	29:45
104	Rita	Klavinski	40 - 49	F	30:02
105	MaryAnn	Paul	50 - 59	F	30:07
106	Sally	Irwin	40 - 49	F	30:10
107	Victor	LaForce	30 - 39	M	30:21
108	Brandi	Martin	20 -29	F	30:23
109	Erin	Lee	30 - 39	F	30:46
110	Regina	O'Connor	20 -29	F	30:53
111	Angela	Carleton	40 - 49	F	30:56
112	David	Sakugawa	60 & over	M	30:58
113	Missing Name				30:59
114	Lesley	Stein	20 -29	F	31:05
115	Scott	Stein	20 -29	M	31:09
116	Eva	Opel	60 & over	F	31:14
117	Deborah	Vitt	40 - 49	F	31:24
118	Karla	Casey	60 & over	F	31:31
119	Gerry	Welch	50 - 59	M	31:35
120	Dawn	Eberhard	50 - 59	F	31:36
121	Denise	Shankles	20 -29	F	31:52
122	Natalie	Capitano	30 - 39	F	31:55
123	Trixie	Gavino	30 - 39	F	32:01
124	Jack	Jorden	60 & over	M	32:07
125	Drew	Rasmussen	1 - 19	M	32:12
126	Jeremy	Coburn	30 - 39	M	32:17
127	William	Flanagan	30 - 39	M	32:17
128	Liam	Flanagan	1 - 19	M	32:18
129	Robert	Betz	40 - 49	M	32:20
130	Sara	Oberbeck	20 -29	F	32:25
131	Jason	Ochs	30 - 39	M	32:29
132	Diane	McDonald	30 - 39	F	32:34
133	Cynthia	Foster	30 - 39	F	32:40
134	Jack	Bell	40 - 49	M	32:40
135	Amy	Rasmussen	40 - 49	F	32:45
136	David	Crosby	60 & over	M	32:50
137	Catharine	Esson	40 - 49	F	33:03
138	Renee	Gilsdorf	30 - 39	F	33:05
139	Karl	Kirner	50 - 59	M	33:10
140	Rich	Steele	60 & over	M	33:16
141	Ross	Duff	50 - 59	M	33:22

142	Craig	Nichols	50 - 59	M	33:23
143	Jerry	Neeser	50 - 59	M	33:23
144	Marla	Tow	30 - 39	F	33:25
145	Bob	Schweiss	60 & over	M	33:44
146	Dave	Wilson	50 - 59	M	34:06
147	Shelly	Munkberg	20 -29	F	34:13
148	Cheryl	Zealand	30 - 39	F	35:03
149	Laura	Flood	30 - 39	F	35:12
150	Gail	Vander Heide	50 - 59	F	35:13
151	Iris	Schnidrig	40 - 49	F	35:17
152	Mary	Fox	50 - 59	F	36:00
153	Alice	Jenney	50 - 59	F	36:03
154	Debbie	Suzuki	50 - 59	F	36:05
155	Ken	Suzuki	40 - 49	M	36:09
156	Gary	Donnelly	50 - 59	M	36:10
157	Ken	Wilhelm	50 - 59	M	36:11
158	Al	Arbuthnot	50 - 59	M	36:12
159	Chelyne	Huston	50 - 59	F	36:13
160	Debbie	Arbuthnot	50 - 59	F	36:19
161	Bonnie	Wilhelm	50 - 59	F	36:20
162	Tori	Nevois	50 - 59	F	36:27
163	Benjamin	Klickovich	40 - 49	M	37:34
164	Ray	Rignel	60 & over	M	37:35
165	Sandy	Clifton	50 - 59	F	37:37
166	Cameron	Allen	30 - 39	F	37:49
167	Dainius	Marijosius	30 - 39	M	37:52
168	Deanna	Chang	30 - 39	F	37:59
169	Laura	Chang	40 - 49	F	38:00
170	Missing Name				38:16
171	Darnell	Criste	40 - 49	F	38:17
172	Debbie	Riekert	50 - 59	F	38:19
173	Karl	Riekert	50 - 59	M	38:25
174	Heidi	Luginbuhl	40 - 49	F	38:26
175	Roger	Jensen	60 & over	M	39:07
176	Darlene	Bennett	40 - 49	F	39:11
177	Beth	Chang	40 - 49	F	39:23
178	Jen	Machado	no age	F	39:24
179	Robyn	Dobruck	20 -29	F	39:46
180	Jonte	Criste	20 -29	F	39:53
181	Steve	Dretar	50 - 59	M	40:02
182	Nancy	Tate	60 & over	F	40:08
183	Marchela	Garlitz	30 - 39	F	40:50
184	Todd	Garlitz	30 - 39	M	40:51
185	Katherine	Erdman	50 - 59	F	40:56
186	Lorrie	O'Connor	50 - 59	F	41:45
187	Des	Orgova	30 - 39	F	41:57
188	Susan	Cox	30 - 39	F	42:36
189	Sue	Lack	30 - 39	F	45:06
190	Linda	Ruegsegger	30 - 39	F	45:16

191	Daniel	Walsh	50 - 59	M	45:21
192	Dennis	Walsh	50 - 59	M	45:23
193	Nancy	Yeager	60 & over	F	45:59
194	Theresa	Seaton	40 - 49	F	46:06
195	Cindy	Hoal	40 - 49	F	46:19
196	Alan	Hoal	50 - 59	M	46:29
197	Jack	Yeager	60 & over	M	47:44
198	Rob	Seaton	50 - 59	M	47:54
199	Mary	Bee	60 & over	F	49:07
200	Cliff	Bee	60 & over	M	49:41
201	Maureen	Tatem	50 - 59	F	49:59
202	Ted	Tatem	50 - 59	M	50:18
203	Elizabeth	Wooding	50 - 59	F	51:07
204	Pam	Loveland	30 - 39	F	53:12
205	Kathy	Wisthoff	50 - 59	F	53:55
206	Amy	Wisthoff-Martin	30 - 39	F	54:11
207	Grace	Martin	1 - 19	F	54:30
208	Jay	Wisthoff	50 - 59	M	54:34
209	Donald	Hoffman	50 - 59	M	55:24
210	Susan	Hoffman	50 - 59	F	55:26
211	Tony	Vander Heide	60 & over	M	56:27
212	Sarah	Hale	50 - 59	F	56:34
213	Sara	Normington	50 - 59	F	56:34
214	Jan	Steele	60 & over	F	58:20
	Heidi	Seivert	20 -29	F	NT
	Michele	Rauch	20 -29	F	NT
	Paul	Skarbo	30 - 39	M	NT
	Karen	Morin	30 - 39	F	NT
	Angelita	Halik	40 - 49	F	NT
	Connie	Barter	40 - 49	F	NT
	McKeen	Kessel	50 - 59	M	NT

Overall Female

Andrea	Neeser	30 - 39	F	20:53
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1-19 Female 5K

First Name	Last Name	Age Division	M/F	Time
Dakota	Grossman	1 - 19	F	21:10
Hailey	Grossman	1 - 19	F	21:55
Lauren	Hoal	1 - 19	F	25:33
Grace	Martin	1 - 19	F	54:30

20-29 Female 5K

Carla	Reader	20 -29	F	23:29
Katie	Guerrieri	20 -29	F	25:53
Christie	Kindrock	20 -29	F	26:06
Becky	Lewis	20 -29	F	26:55
Baylee	Robertson	20 -29	F	26:59
Andrea	Smith	20 -29	F	28:40

Lauren	Rignel	20 -29	F	29:45
Brandi	Martin	20 -29	F	30:23
Regina	O'Connor	20 -29	F	30:53
Lesley	Stein	20 -29	F	31:05
Denise	Shankles	20 -29	F	31:52
Sara	Oberbeck	20 -29	F	32:25
Shelly	Munkberg	20 -29	F	34:13
Robyn	Dobruck	20 -29	F	39:46
Jonte	Criste	20 -29	F	39:53
Heidi	Seivert	20 -29	F	NT
Michele	Rauch	20 -29	F	NT

30-39 Female 5K

Rochelle	Marsland	30 - 39	F	22:00
Sharon	McCready	30 - 39	F	22:56
Rachel	Peterson	30 - 39	F	23:33
Susan	Golicic	30 - 39	F	25:26
Jill	Miller	30 - 39	F	26:05
Jodi	Winnicky	30 - 39	F	26:42
Kari	Winnicky	30 - 39	F	26:49
Sarah	Ochs	30 - 39	F	27:30
Amanda	Nemec	30 - 39	F	27:31
Heather	Grossman	30 - 39	F	28:45
Lara	Amerongen	30 - 39	F	28:57
Michele	Ventura	30 - 39	F	29:04
Jessica	Elf	30 - 39	F	29:32
Giao	Duong	30 - 39	F	29:39
Erin	Lee	30 - 39	F	30:46
Natalie	Capitano	30 - 39	F	31:55
Trixie	Gavino	30 - 39	F	32:01
Diane	McDonald	30 - 39	F	32:34
Cynthia	Foster	30 - 39	F	32:40
Renee	Gilsdorf	30 - 39	F	33:05
Marla	Tow	30 - 39	F	33:25
Cheryl	Zealand	30 - 39	F	35:03
Laura	Flood	30 - 39	F	35:12
Cameron	Allen	30 - 39	F	37:49
Deanna	Chang	30 - 39	F	37:59
Marchela	Garlitz	30 - 39	F	40:50
Des	Orgova	30 - 39	F	41:57
Susan	Cox	30 - 39	F	42:36
Sue	Lack	30 - 39	F	45:06
Linda	Ruegsegger	30 - 39	F	45:16
Pam	Loveland	30 - 39	F	53:12
Amy	Wisthoff-Martin	30 - 39	F	54:11
Karen	Morin	30 - 39	F	NT

40-49 Female 5K

Nancy	Robberson	40 - 49	F	22:21
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Shana	Riggs	40 - 49	F	25:23
Marny	Hall	40 - 49	F	26:40
Cindy	Flaman	40 - 49	F	27:05
Paula	Klent	40 - 49	F	28:07
Lisa	Darcy	40 - 49	F	28:27
Susan	Gee	40 - 49	F	28:37
Rita	Klavinski	40 - 49	F	30:02
Sally	Irwin	40 - 49	F	30:10
Angela	Carleton	40 - 49	F	30:56
Deborah	Vitt	40 - 49	F	31:24
Amy	Rasmussen	40 - 49	F	32:45
Catharine	Esson	40 - 49	F	33:03
Iris	Schnidrig	40 - 49	F	35:17
Laura	Chang	40 - 49	F	38:00
Darnell	Criste	40 - 49	F	38:17
Heidi	Luginbuhl	40 - 49	F	38:26
Darlene	Bennett	40 - 49	F	39:11
Beth	Chang	40 - 49	F	39:23
Theresa	Seaton	40 - 49	F	46:06
Cindy	Hoal	40 - 49	F	46:19
Angelita	Halik	40 - 49	F	NT
Connie	Barter	40 - 49	F	NT

50-59 Female 5K

Bonnie	Sotire	50 - 59	F	23:33
Heidi	Smith	50 - 59	F	24:33
Kathie	Burson	50 - 59	F	27:28
Janet	Simpson	50 - 59	F	27:30
MaryAnn	Paul	50 - 59	F	30:07
Dawn	Eberhard	50 - 59	F	31:36
Gail	Vander Heide	50 - 59	F	35:13
Mary	Fox	50 - 59	F	36:00
Alice	Jenney	50 - 59	F	36:03
Debbie	Suzuki	50 - 59	F	36:05
Chelyne	Huston	50 - 59	F	36:13
Debbie	Arbuthnot	50 - 59	F	36:19
Bonnie	Wilhelm	50 - 59	F	36:20
Tori	Nevois	50 - 59	F	36:27
Sandy	Clifton	50 - 59	F	37:37
Debbie	Riekert	50 - 59	F	38:19
Katherine	Erdman	50 - 59	F	40:56
Lorrie	O'Connor	50 - 59	F	41:45
Maureen	Tatem	50 - 59	F	49:59
Elizabeth	Wooding	50 - 59	F	51:07
Kathy	Wisthoff	50 - 59	F	53:55
Susan	Hoffman	50 - 59	F	55:26
Sarah	Hale	50 - 59	F	56:34
Sara	Normington	50 - 59	F	56:34

60 & over Female 5K

Mary	Marsolais	60 & over	F	29:01
Eva	Opel	60 & over	F	31:14
Karla	Casey	60 & over	F	31:31
Nancy	Tate	60 & over	F	40:08
Nancy	Yeager	60 & over	F	45:59
Mary	Bee	60 & over	F	49:07
Jan	Steele	60 & over	F	58:20
Jen	Machado	no age	F	39:24


Overall Male 5K

Joe	Amescua	1 - 19	M	19:15
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1-19 Male 5K

Johnny	Kristel	1 - 19	M	19:34
Marc	Arakawa	1 - 19	M	20:36
Johnathan	Takitani	1 - 19	M	20:45
Jesse	Guerin	1 - 19	M	20:50
Brett	Ueno	1 - 19	M	22:36
Dustin	Irlandez	1 - 19	M	23:13
Chad	Tokunaga	1 - 19	M	23:16
Ryan	Koss	1 - 19	M	26:28
Drew	Rasmussen	1 - 19	M	32:12
Liam	Flanagan	1 - 19	M	32:18

20-29 Male 5K

Brian	Smith	20 -29	M	19:23
Lukas	Sheild	20 -29	M	21:14
Keola	Soon	20 -29	M	21:30
Blake	Moore	20 -29	M	24:53
Joey	Martin	20 -29	M	27:57
Chris	Baker	20 -29	M	28:12
Scott	Stein	20 -29	M	31:09

30-39 Male 5K

Mark	Cripe	30 - 39	M	20:50
Clive	Lobo	30 - 39	M	20:52
Eek	Alesk	30 - 39	M	20:55
Thomas	Carlson	30 - 39	M	21:02
Jeffrey	Harten	30 - 39	M	21:09
Tom	McManuels	30 - 39	M	22:08
Scott	Jackman	30 - 39	M	22:49
Sam	Kinslow	30 - 39	M	23:48
Tim	Lee	30 - 39	M	23:55
Keith	Ingalls	30 - 39	M	24:18

Daniel	Wotton	30 - 39	M	24:35
Bo	Monteiro	30 - 39	M	24:37
Peter	Bryant	30 - 39	M	24:38
Scott	McCready	30 - 39	M	24:48
Brendan	Carroll	30 - 39	M	26:50
Les	Marks	30 - 39	M	27:38
Jalal	Tarazi	30 - 39	M	28:26
Victor	LaForce	30 - 39	M	30:21
Jeremy	Coburn	30 - 39	M	32:17
William	Flanagan	30 - 39	M	32:17
Jason	Ochs	30 - 39	M	32:29
Dainius	Marijosius	30 - 39	M	37:52
Todd	Garlitz	30 - 39	M	40:51
Paul	Skarbo	30 - 39	M	NT

40 - 49 Male 5K

Karol	Krauser	40 - 49	M	21:51
Luc	Berneche	40 - 49	M	23:19
Jeff	DeJood	40 - 49	M	24:29
Tim	Coppin	40 - 49	M	25:57
Pete	Ruegsegger	40 - 49	M	26:07
John	Aslanian	40 - 49	M	26:52
Christopher	Menjou	40 - 49	M	27:22
Douglas	Roberts	40 - 49	M	27:25
William	Rasmussen	40 - 49	M	27:39
Ron	Carleton	40 - 49	M	28:44
Robert	Betz	40 - 49	M	32:20
Jack	Bell	40 - 49	M	32:40
Ken	Suzuki	40 - 49	M	36:09
Benjamin	Klickovich	40 - 49	M	37:34

50-59 Male 5K

Mike	Irwin	50 - 59	M	19:29
James	Lillyman	50 - 59	M	19:46
Sverre	Falck-Pederson	50 - 59	M	19:51
Dennis	Nakamura	50 - 59	M	21:24
George	Watson	50 - 59	M	22:22
Jamie	Kimmell	50 - 59	M	24:27
Arnie	Koss	50 - 59	M	24:35
Steven	Carlson	50 - 59	M	25:22
Jim	DeYoung	50 - 59	M	25:36
Steve	Stein	50 - 59	M	27:24
David	Paul	50 - 59	M	28:20
Marty	Smith	50 - 59	M	28:27
Barney	Bell	50 - 59	M	29:02
Michael	Clarke	50 - 59	M	29:33
George	Ziga	50 - 59	M	29:42
Gerry	Welch	50 - 59	M	31:35
Karl	Kirner	50 - 59	M	33:10

Ross	Duff	50 - 59	M	33:22
Craig	Nichols	50 - 59	M	33:23
Jerry	Neeser	50 - 59	M	33:23
Dave	Wilson	50 - 59	M	34:06
Gary	Donnelly	50 - 59	M	36:10
Ken	Wilhelm	50 - 59	M	36:11
Al	Arbuthnot	50 - 59	M	36:12
Karl	Riekert	50 - 59	M	38:25
Steve	Dretar	50 - 59	M	40:02
Daniel	Walsh	50 - 59	M	45:21
Dennis	Walsh	50 - 59	M	45:23
Alan	Hoal	50 - 59	M	46:29
Rob	Seaton	50 - 59	M	47:54
Ted	Tatem	50 - 59	M	50:18
Jay	Wisthoff	50 - 59	M	54:34
Donald	Hoffman	50 - 59	M	55:24
McKeen	Kessel	50 - 59	M	NT

60 & over Male 5k

Michael	Foster	60 & over	M	22:29
Ron	Reader	60 & over	M	23:53
Charlie	Mayrs	60 & over	M	26:21
Roger	Morgan	60 & over	M	27:29
Clyde	Sparks	60 & over	M	28:02
William	King	60 & over	M	28:55
Bill	Erdman	60 & over	M	28:59
George	Burson	60 & over	M	29:31
Art	Beadle	60 & over	M	29:41
David	Sakugawa	60 & over	M	30:58
Jack	Jorden	60 & over	M	32:07
David	Crosby	60 & over	M	32:50
Rich	Steele	60 & over	M	33:16
Bob	Schweiss	60 & over	M	33:44
Ray	Rignel	60 & over	M	37:35
Roger	Jensen	60 & over	M	39:07
Jack	Yeager	60 & over	M	47:44
Cliff	Bee	60 & over	M	49:41
Tony	Vander Heide	60 & over	M	56:27

Missing Name 30:59
Missing Name 38:16

